BETTER TOGETHER
FREE 12 WEEK PROGRAM FOR CAREGIVERS & CHILDREN (0-18 YEARS)

INCENTIVES FOR COMPLETING RESEARCH ASSESSMENTS & FREE DINNER

Caregivers and children will participate together in activities and in their own age appropriate support groups while:
- Improving parent-child relationships
- Helping parents deal with stress
- Building social connections
- Increasing knowledge of parenting and child development
- Learning new strategies for dealing with difficult behaviors
- Improving self-regulation

Call 435.752.8880 for more information | Spots are limited!